School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/8 27/9 25/10 22/11 20/12	Spaghetti Bolognaise & Homemade Garlic Bread Or Breaded Fish Fingers Baton Carrots Medley of Fresh Vegetables Mashed Potato Egg Sponge with Jam Topping & Custard	Breast of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt Garden Peas *Salad Selection Mashed Potato, Baby Boiled Potatoes Vanilla Ice Cream, Oranges & Chocolate Sauce	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection and Fresh Yoghurt	Roast Pork Or Roast Chicken Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Rice Krispie Square & Custard	Hot Dog Or Ciabatta Pizza Slices Baked Beans Peas *Tossed Salad Chips, Mashed Potato Oat Biscuits & Fresh Fruit Chunks
WEEK 2 6/9 4/10 1/11 29/11	Chicken Chow Mein Or Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Chocolate Brownie, Pears & Ice Cream	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas, Tossed Salad Pasta Twists Homemade Shortbread Rounds & Custard	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Strawberry Jelly & Ice Cream with Fresh Fruit	Roast Breast of Chicken Or Chicken Crumble Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots / Parsnip, Mashed Potato Sticky Flapjacks & Custard	Chicken Nuggets Or Hot Thai flavoured Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Selection of Fruit and Yoghurt
WEEK 3 13/9 11/10 8/11 6/12	Italian Pasta Bolognaise Or Breaded Fish Fingers Baked Beans, Sweetcorn Broccoli Florets Mashed Potato Chocolate and Orange Egg Sponge & Custard	Mac & Cheese Or Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection Chips, Mashed Potato Raspberry ripple Ice Cream Tub Fresh Fruit Chunks	Mexican Enchilada Or Oven Baked Sausage Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection and Fresh Yoghurt	Chicken Panini Or Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato, Hot Pasta Shells Cornflake Square & Custard	Traditional Homemade Chicken or Smooth & Hearty Vegetable Soup Steak Burger in Bap, Or Bang Bang Chicken in Hot Baguette Mashed Potato, Tossed Salad Selection of breads Strawberry Mousse & Fresh Fruit Salad
WEEK 4 20/9 18/10 15/11 13/12	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Lemon Drizzle Cake & Custard	Chicken Stir Fry & Noodles Or Oven Baked Sausage Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit Fingers, Fruit & Custard	Roast Breast Chicken Or Beef Stew Herb Stuffing Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Chocolate Brownie & Custard	Spaghetti Bolognaise Or Fresh Breaded Fish Fillets Or Salmon fish cake Lemon Slice and Tartar Sauce, Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit and Yoghurt	Homemade Margherita Pizza Or Marinated Chicken Fillets with warm Tortilla Wraps * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll & Fruit Chunks

ea Education Authority

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

****2 Items from***
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries
Fresh Fish May Contain Bones