School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 1/3, 29/3, 26/4, 24/5, 21/6	Oven Baked Sausages Or Italian Pasta Bake Healthy Garlic Bread Baked Beans Fresh Diced Turnip Tossed Salads Mashed Potato Ice Cream & Chocolate Sauce	Oven Baked Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Garden Peas Selection of Salads Mashed Potato Chocolate Cracknel & Custard	Roast Loin Pork Apple Sauce Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Crispy Oven Roast Potatoes Mashed Potato Swiss Roll & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Homemade Cottage Pie, Gravy Fresh Sliced Carrots Medley of Fresh Vegetables Mashed Potato Carrot Cake & Custard	Homemade Marguerita Pizza Or Salmon Salad baguette Sweetcorn Crunchy Coleslaw Pasta Salad, Tossed Salad Chips Chilli Baby Boiled Potato Flakemeal & Melon Boat with Yoghurt
WEEK 2 8/3, 5/4, 3/5, 31/5, 28/6	Spaghetti Bolognaise Grated Cheese Sliced Crusty Baguettes Or Steak Burger, Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Homemade Rice Pudding & Peaches	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Italian Lasagne Crunchy Fresh Coleslaw Garden Peas Selection of Salads Mashed Potato Homemade Shortbread & Custard	Fresh Breaded Cod Goujons with lemon slice, Tartar Sauce Or Spicy Chicken Noodles Baked Beans Mushy Peas Tossed salad Mashed Potato Apple Crumble & Custard	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots & Parsnip Crispy Roast Potato Mashed Potatoes Rice Krispie Square & Custard	Breaded Chicken Bites Or Hot Thai Chicken Wrap Selection of Salads, Salsa Dip Sweetcorn Chips Baked Potato Jelly & Ice Cream with Fruit Salad
WEEK 3 15/3, 12/4, 10/5, 7/6	Savoury Mince & Onion Or Oriental Chicken Stir-fry with Noodles Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate and Orange Sponge & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Steak Burger, Gravy French Green beans Fresh Diced Turnip Mashed Potato Home Baked Oven Wedges Date Fudge & Custard	Breaded Cod Fish Fingers Or Spanish Meat Balls with Boiled Rice Baked Beans Sweetcorn Mediterranean Roasted Vegetables Mashed Potato Swiss Roll & Custard	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Fresh Savoy Cabbage Crispy Oven Roast Potatoes Mashed Potato Homemade Rice Pudding & Pears	Hotdog, Sauté Onions Or Bang Bang Chicken Carrot and Cucumber sticks With Homemade Garlic Dip Peas Selection of Salads Chips or Baby Boiled Potatoes Raspberry ripple Ice Cream & Fresh Fruit Salad
WEEK 4 22,3, 19/4, 17/5, 14/6	Breast of Chicken Curry with Boiled Rice, Naan Bread Or Oven Baked Sausages Garden Peas Mashed Fresh Turnip Gravy Mashed Potato Jam & Coconut Sponge & Custard	Irish Stew Homemade Wheaten Bread Or Breaded Chicken Bites Gravy Broccoli Florets Sweetcorn Mashed Potato Strawberry Mousse & Fresh Fruit Salad	Roast Breast Chicken Herb Stuffing Gravy Cauliflower with Cheese sauce Fresh Baton Carrots Crispy Oven Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Spaghetti Bolognaise with Sliced Crusty Baguette Or Fresh Breaded Cod Fillets Lemon Slice and Tartar Sauce, Baked Beans Carrot and Cucumber Sticks Selection of Salads Mashed Potato Flakemeal Biscuit, Fruit & Custard	Homemade Marguerita Pizza Or Salt & Chilli Chicken with Boiled Rice Crunchy Fresh Coleslaw Tossed salad Beetroot Salad Traditional Champ Chips Artic Roll & Jelly

Education Authority

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

